

PODIA BELGISCHE OUDOOR KAMPIOENSCHAPPEN- PISTE MANNEN

ALLE CATEGORIËN van 2001 tot 2020

Lijsten samengesteld door André DE HOOGHE, uitgewerkt door Michel JORDENS
Onnauwkeurigheden kunnen gemeld worden bij bart@atletiek.be

2001

27/06/2001- Duffel (Jan Borremanskunststofpiste- Rooienberg) (AC Duffel)

10000m

Van Den Broek Stefan (LIER)- 29.21.66 Van Rie Koen (ACP)- 29.27.73 Fays Guy (RFCL)- 29.45.18

29/06/2001- Kortrijk (Stedelijk Sportcentrum WembleyMoorseelsestraat, 107,Heule) (KKS)

HT

Degraeuwe Jelle (RCG)- 6335 De Wyngaert Walter (ROBA)- 6093 Lagast Jacques (MOHA)- 5996

30/06 (a)- 01/07 (b)- 2001- Brussel (Koning Boudewijnstadion-Marathonlaan)

100m (a)

Bongelo Bongelemba (CSF)- 10.21w Wijmeersch Erik (RCG)- 10.23w Ferro Anthony (CSF)- 10.29w

200m (b)

Wijmeersch Erik (RCG)- 20.60 Ferro Anthony (CSF)- 20.74 Rans Kevin (OLSE)- 20.82

400m (b)

Van Branteghem Cedric (AJAX)- 46.35 Provost Kjell (RCG)- 46.53 Moens Roland (VAC)- 47.34

800m (b)

Jansen Joeri (DUFF)- 1.47.17 Omeij Tom (AZW)- 1.47.42 Rogge Tim (RCG)- 1.49.55

1500m (a)

Vandewiele Jurgen (AVMO)- 4.00.37 Vandiest Matthieu (CABW)- 4.01.51 Rizki Monder (ATLE)- 4.02.43

5000m (b)

Compernelle Tom (RIEM)- 14.09.59 Nemeth Christian (CABW)- 14.13.71 Collignon Frederic (HERV)- 14.16.56

110Ho (b)

NSenga Jonathan (OCAN)- 13.90 Deveughele Piet (FLAC)- 14.45 Vangeneugden Koen (OEH)- 14.45

400Ho (b)

Verleyen Stijn (AZW)- 50.51 Nys Erik (AVT)- 51.6 Torben-Nielsen Benjamin (AVT)- 51.66

3000S (a)

Vergote Maarten (RIEM)- 8.55.69 Fumiere Olivier (DAC)- 9.01.77 Bekkali Omar (RFCL)- 9.04.32

HJ (a)

Stroobants Stijn (VAC)- 214 Hubert Timothy (EA)- 208 Braconnier Benoit (RFCL)- 200

LJ- (b)

Branle David (VAC)- 777 Guns Jan (RCG)- 764 Messiaen Gert (RCG)- 743

TJ- (a)

Mambo Djeke (DACM)- 1629 Velter Michael (DAMP)- 1616 Xhonneux Frederic (ESC)- 1439

PV-(b)

Rans Kevin (OLSE)- 535 Duval Thibaut (CABW)- 530 Rombaut Lesley (RCG)- 530

SP- (a)

Blondeel Wim (OEH)- 1747 Eeckhout Filip (VS)- 1551 Rausin Francois (RFCL)- 1490

DT- (b)

Coene Kris (AVLO)- 5477 Blondeel Wim (OEH)- 5366 Peetrain Filip (OEH)- 5315

JT- (a)

Van Mensel Marc (AT84)- 7261 Pennoit Tim (RCG)- 6830 Janssens Bart (DALO)- 6710

2002

03/07/2002- Seraing (Piste du Bois de l'Abbaye-P.Wathelet,Av.des Puddleurs) (FAC)

10000m

Fays Guy (RFCL)- 29.28.56 Janssens Hans (DUFF)- 29.34.73 Van Den Broek Stefan (LIER)- 29.38.33

06 (a)-07 (b)/07/2002- Brussel (Koning Boudewijnstadion-Marathonlaan)

100m (b)

Wymeersch Erik (RCG)- 10.44 Sekanyambo Ilunga (ESC)- 10.49 Ferro Anthony (CSF)- 10.56

200m (b)

Van Branteghem Cedric (AJAX)- 20.73 Wymeersch Erik (RCG)- 21.06 Beyens Kristof (ACHL)- 21.11

400m (b)

Haesaerts Peter (ACBR)- 47.80 Vande Velde Tommie (ACME)- 47.96 Van Buynder Hans (ACW)- 48.11

800m (b)

Jansen Joeri (DUFF)- 1.46.43 Omey Tom (AZW)- 1.47.19 Kahan Nathan (ABES)- 1.48.86

1500m (b)

Vandewiele Jurgen (AVMO)- 3.48.86 Leenaerts Bert (ROBA)- 3.49.40 Leenaerts Frans (ROBA)- 3.49.75

5000m (b)

Compernelle Tom (RIEM)- 13.51.65 Van Den Broek Stefan (LIER)- 13.56.81 Es-Saadi Ridouane (DCLA)- 14.18.35

3000S (b)

Vergote Maarten (RIEM)- 8.42.20 Wilssens Koen (VOLH)- 8.43.97 Van Koolwyk Krijn (LOOI)- 8.45.71

110Ho (b)

NSenga Jonathan (OCAN)-14.16 Vangeneugden Koen (LOOI)- 14.21 Hofmans Bart (ACBR)- 14.31

400Ho (b)

Verleyen Stijn (AZW)- 51.38 Faems Filip (ACW)- 52.01 Trouillez Sebastien (GRIM)- 53.83

HJ- (b)

Stroobants Stijn (VAC)- 214 Hubert Timothy (EA)- 200 Debaets Peter (ACW)- 195

LJ- (b)

Guns Jan (RCG)- 742 Messiaen Gert (RCG)- 738 Van Lancker Rudi (ESC)- 731

TJ- (b)

Velter Michael (DAMP)- 1584 De Baerdemaker Xavier (SMAC)- 1475 Wotquenne Antoine (DACM)- 1474

PV- (b)

Duval Thibaut (CABW)- 540 Rans Kevin (OLSE)- 520 Simonet Benoit (RFCL)- 520

SP- (b)

Eeckhout Filip (VS)- 1576 Revyn Richard (KAAG)- 1485 Verbrugghe Jurgen (HAC)- 1430

DT- (b)

Van Daele Jo (AVMO)- 6092 Coene Kris (AVLO)- 5115 Eeckhout Filip (VS)- 4533

JT- (b)

Van Mensel Marc (AT84)- 7306 Kloeck Johan (BRAB)- 7040 Pennoit Tim (RCG)- 6575

07/07/2002- Anderlecht (Stade de Neerpede -Dreve Olympique,1) (RSCA)

HT

De Wyngaert Walter (ROBA)- 6221 Degraeuwe Jelle (RCG)- 6166 Pierre Nicolas (CABW)- 5532

2003

02/07/2003- Ninove (Stedelijk Atletiekstadion-Parklaan) (VITA)

10000m

Janssens Hans (DUFF)- 29.22.56 Fays Guy (RFCL)- 29.31.11 Nemeth Christian (CABW)- 29.36.01

09 (a)-10 (b)/08/2003- Jambes (Centre ADEPS- Allée du Stade ,3) (SMAC)

100m (b)

De Baerdemaker Xavier (SMAC)-10.51 Ferro Anthony (CSF)- 10.55 Beyens Kristof (ACHL)- 10.63

200m (b)

Van Branteghem Cedric (STAX)- 20.52w Stevens Patrick (AVT)- 20.89w Vereecke Pieterjan (FLAC)- 21.00w

400m (b)

Lumen Christophe (SMAC)- 47.39 Duerinck Nils (3) (VAC)- 47.94 Masson Frederic (4) (FCHA)- 48.23

800m (b)

Jansen Joeri (DUFF)- 1.48.16 Kahan Nathan (DUFF)- 1.48.54 Omev Tom (AZW)- 1.48.82

1500m (b)

Clerbout Tim (LAT)- 3.58.65 Rizki Monder (ATLE)- 3.58.79 Es-Saadi Ridouane (DCLA)- 3.58.83

5000m (b)

Nemeth Christian (CABW)-14.30.56 Van Loo Sven (ROBA)- 14.31.31 Stroobants Jesse (DCLA)- 14.44.40

3000S (b)

Van Koolwyk Krijn (LOOI)- 8.47.46 Desmet Pieter (AZW)- 8.56.21 Vermeiren Johan (LAT)- 8.57.84

110Ho (b)

Broothaerts Damien (2) (ESC)- 14.14 Vande Gender Steven (3) (TUAC)- 14.22 Meulders Tom (4) (TUAC)- 14.47

400Ho (b)

Deveughele Piet (2) (FLAC)- 51.27 De Wit Edwin (3) (AT84)- 52.42 Lemey Stephan (4) (HALE)- 52.85

HJ (b)

Braconnier Benoit (RFCL)- 211 Stroobants Stijn (VAC)- 208 D'Hoker Niklaas (4) (VS)- 208

LJ (b)

Guns Jan (RCG)- 753 Messiaen Gert (RCG)- 752 De Vriendt Benjamin (4) (STAX)- 691

TJ (b)

Velter Michael (DAMP)- 1625 Brijs Gert (3) (RCG)- 1528 Xhonneux Frederic (4) (ESC)- 1479

PV (b)

Duval Thibaut (CABW)- 540 Simonet Benoit (3) (ACO)- 500 Rans Kevin (4) (OLSE)- 500

SP (b)

Blondeel Wim (KAAG)- 1765 Eeckhout Filip (VS)- 1641 Verbrugghe Jurgen (4) (HAC)- 1601

DT (b)

Van Daele Jo (AVMO)-6219 Coene Kris (3) (AVLO)- 5120 Eeckhout Filip (4) (VS)- 4657

HT (b)

De Wyngaert Walter (ROBA)- 6229 De Backer Bart (3) (FLAC)- 6071 Pierre Nicolas (4) (CABW)- 5918

JT (b)

Van Mensel Marc (AT84)- 7257 Goyvaerts Tom (OLSE)- 6802 De Backer Bart (FLAC)- 6705

2004

07/07/2004- Brussel/Woluwe (Stade Fallon- Rue Aernouts) (WS)

10000m

Van Hooste Tom (OEH)- 28.58.13 Stroobants Jesse (DCLA)- 29.11.64 Janssens Hans (DUFF)- 29.24.36

10 (a)- 11 (b)/07/2004- Brussel (Koning Boudewijnstadion-Marathonlaan)

100m (b)

Stevens Patrick (AVT)- 10.43 Ferro Anthony (CSF)- 10.48 Wijmeersch Erik (RCG)- 10.60

200m (b)

Ferro Anthony (CSF)- 20.97 Stevens Patrick (AVT)- 20.97 Van Branteghem Cedric (STAX)- 21.30

400m (b)

De Baerdemaker Xavier (SMAC)- 47.23 Duerinck Nils (VAC)- 47.43 Feyaerts Evert (VAC)- 48.03

800m (b)

Omey Tom (AZW)- 1.51.21 Kahan Nathan (DUFF)- 1.51.22 Vandiest Matthieu (CABW)- 1.51.59

1500m (b)

Es-Saadi Riouane (DCLA)- 4.01.04 Clerbout Tim (LAT)- 4.01.07 Busselot Dries (OEH)- 4.01.88

5000m (b)

Compennolle Tom (RIEM)- 14.05.49 Janssens Hans (DUFF)- 14.16.20 Borms Wim (DUFF)- 14.22.27

3000S (b)

Desmet Pieter (AZW)- 8.32.91 Van Koolwyk Krijn (LOOI)- 8.36.45 Vermeiren Johan (OEH)- 9.00.58

110Ho (b)

Broothaerts Damien (ESC)- 13.91w Deveughele Piet (FLAC)- 14.16w Meulders Tom (TUAC)- 14.71w

400Ho (b)

Deveughele Piet (2) (FLAC)- 52.02 De Wit Edwin (3) (AT84)- 53.21 De Schepper Pieter (4) (ACME)- 53.64

HJ (b)

Stroobants Stijn (VAC)- 211 Hubert Timothy (EA)- 195 Coster Xavier (LWA)- 190

LJ (b)

Messiaen Gert (RCG)- 741 Guns Jan (RCG)- 710 Bracke Roel (ACBR)- 683

TJ (b)

Velter Michael (DAMP)- 1583 Xhonneux Frederic (ESC)- 1470 Van Wynsberge Kurt (AVMO)- 1420

PV (b)

Rans Kevin (OLSE)- 520 Simonet Benoit (ACO)- 500 Hoffelt Sebastien (ULA)- 500

SP (b) (zijterrein)

Blondeel Wim (KAAG)- 1888 Revyn Richard (KAAG)- 1609 Verbrugghe Jurgen (HAC)- 1607

DT (b)

Van Daele Jo (AVMO)- 6091 Tomanek Milosz (KAAG)- 5236 Coene Kris (AVLO)- 5232

JT (b)

Van Mensel Marc (AT84)- 6935 Lemaître Loïc (DCLA)- 6094 De Groote Johannes (FLAC)- 5964

11/07/2004- Anderlecht (Stade de Neerpede -Dreve Olympique, 1) (RSCA)

HT

De Wyngaert Walter (ROBA)- 6335 Verhegghe Marnix (3) (KAAG)- 5584 Pierre Nicolas (4) (CABW)- 5335

2005

06/07/2005- Vilvoorde (Drie Fonteynen-Brusselsesteenweg)

10000m

Fays Guy (RFCL)- 29.30.94 Van Den Broek Stefan (LIER)- 29.32.73 Janssens Hans (DUFF)- 29.49.55

09 (reeksen)-10 (finales)/07/2005- Brussel (Koning Boudewijnstadion-Marathonlaan)

100m

Ferro Anthony (ESC)- 10.50 Baerts Daniel (AVT)- 10.64 Wijmeersch Erik (ACW)- 10.65

200m

Beyens Kristof (ACHL)- 20.45 Ferro Anthony (ESC)- 21.02 Caethoven Dave (LIER)- 21.21

400m

Van Branteghem Cedric (STAX)-45.59 Duerinck Nils (VAC)- 46.51 Vervloet Gregory (ESC)- 47.54

800m

Vanchaze Tom (AVT)- 1.47.76 Omey Tom (AZW)- 1.47.83 Rogge Tim (RCG)- 1.47.96

1500m

Jansen Joeri (RIEM)- 3.57.49 Clerbout Tim (LAT)- 3.57.74 Van Rooy Tom (ACHL)- 3.58.18

5000m

Van Den Broek Stefan (LIER)-14.16.34 Janssens Hans (DUFF)- 14.39.28 Desmedt Frederic (CABW)- 14.49.06

3000S

Wilssens Koen (VOLH)- 8.53.86 Konigs Roger (3) (RFCL)- 9.00.27 Vermeiren Johan (4) (OEH)- 9.05.08

110Ho

NSenga Jonathan (CABW)- 13.87 Broothaerts Damien (ESC)- 14.08 Deghelt Adrien (SMAC)- 14.12

400Ho

Deveughele Piet (FLAC)- 50.70 Abrihach Malik (WS)- 53.13 Debue Jeroen (AVLO)- 53.46

HJ

Stroobants Stijn (VAC)- 211 Braconnier Benoit (RFCL)- 211 Hubert Timothy (EA)- 208

LJ

Messiaen Gert (RCG)- 757 Guns Jan (RCG)- 743 Xhonneux Frederic (ESC)- 726

TJ

Brijs Gert (RCG)- 1470 Adam Christophe (BBS)- 1429 Branle Hugues (OEH)- 1399

PV

Rans Kevin (ACW)- 540 Baune Joffray (SMAC)- 510 Simonet Benoit (ACO)- 500

SP

Blondeel Wim (KAAG)- 1835 Guillaume Alain (BBS)- 1607 Revyn Richard (VAC)- 1559

DT

Van Daele Jo (AVMO)- 5997 Tomanek Milosz (KAAG)- 5439 Coene Kris (AVLO)- 5150

JT

Van Mensel Marc (AT84)- 6883 Lemaître Loïc (DCLA)- 6620 Janssens Bart (DALO) 6597

10/07/2005- Anderlecht (Stade de Neerpede- Dreve Olympique ,1) (RSCA)

HT

De Wyngaert Walter (ROBA)- 6226 Pierre Nicolas (CABW)- 6024 De Coster Tim (DCLA)- 5544

2006

05/07/2006- Eigenbrakel/Braine l'Alleud (Stade Gaston Reiff- Rue E.Laurent) (USBW)

10000m

Fays Guy (RFCL)- 30.12.46 Van Den Broek Stefan (LIER)- 30.26.22 Vandevelde Stijn (AZW)- 30.38.40

08 (reeksen)-09 (finales)/07/2006- Brussel (Koning Boudewijnstadion Marathonlaan)

100m

Ferro Anthony (ESC)- 10.46 NSenga Jonathan (CABW)- 10.55 De Baerdemaker Xavier (SMAC)- 10.58

200m

Van Branteghem Cedric (STAX)- 20.92 Ferro Anthony (ESC)- 21.07 Roobaert Kris (DAC)- 21.47

400m

Borlee Jonathan (WS)- 46.81 Borlee Kevin (WS)- 46.83 Panneel Jens (KKS)- 47.26

800m

Matthys Thomas (ACBR)- 1.52.64 Rosseeuw Matthias (FLAC)- 1.52.94 Vanchaze Tom (AVT)- 1.53.17

1500m

Vandiest Matthieu (CABW)- 3.55.62 Clerbout Tim (LAT)- 3.56.23 Desmedt Frederic (4) CABW)- 3.56.62

5000m

Stroobants Jesse (2) (DCLA)- 14.11.98 Van Steen Maarten (3) (DCLA)- 14.27.60 Van Malderen Kristof (4) (VAC)- 14.28.11

3000S

Wilssens Koen (VOLH)- 8.50.87 Busselot Dries (OEH)- 8.52.37 Vandermarliere Koen (FLAC)- 9.01.02

110Ho

NSenga Jonathan (CABW)- 13.73 Broothaerts Damien (ESC)- 13.89 Solot Jeremy (SMAC)- 14.60

400Ho

De Schepper Pieter (ACME)- 51.82 Deveughele Piet (FLAC)- 52.52 Vander Plaetsen Michael (ACW)- 52.54

HJ

Stroobants Stijn (VAC)- 214 Van Deursen Bart (RCT)- 211 Hubert Timothy (EA)- 205

LJ

Velter Michael (RFCL)- 766 Messiaen Gert (RCG)- 764 Xhonneux Frederic (ESC)- 711

TJ

Mambo Djeke (VAC)- 1615 Xhonneux Frederic (ESC)- 1501 De Decker Bjorn (WIBO)- 1453

PV

Rans Kevin (ACW)- 550 Simonet Benoit (ACO)- 510 Verelst Wim (VOLH)- 500

SP

Blondeel Wim (KAAG)- 1871 Guillaume Alain (BBS)- 1632 Eeckhout Filip (VS)- 1619

DT

Tomanek Milosz (KAAG)- 5328 Eeckhout Filip (VS)- 4840 Van Hamme Didier (RCG)- 4836

JT

Lemaître Loïc (DCLA)- 6880 Goyvaerts Tom (OLSE)- 6774 Van Campenhout Jonas (DCLA)- 6629

09/07/2006- Kessel-lo (Atletiek Arena Gaston Roelants) (Diestsesteenweg,288b) (DCLA)

HT

De Wyngaert Walter (ROBA)- 6345 Pierre Nicolas (CABW)- 5901 Pousseur Pierre (DAMP)- 5708

2007

04/07/2007- Duffel (Jan Borremanskunststofpiste-Rooienberg) (AC Duffel)

10000m

Fays Guy (RFCL)- 29.39.73 Janssens Hans (DUFF)- 29.56.44 Van Den Broek Stefan (LIER)- 30.00.57

04 (reeksen)- 05 (finales)/08/2007- Brussel (Koning Boudewijnstadion-Marathonlaan)

100m

Beyens Kristof (ACHL)- 10.54 Ferro Anthony (CABW)- 10.54 Wijmeersch Erik (ACW)- 10.58

200m

Ferro Anthony (2) (CABW)- 20.79 Matthys Arnout (3) (VOLH)- 20.98 Herreman Ingmar (4) (KKS)- 21.31

400m

Borlee Kevin (2) (WS)- 46.38 Duerinck Nils (3) (VAC)- 46.97 Schoeps Matthieu (4) (UAFA)- 47.52

800m

Rosseeuw Matthias (FLAC)- 1.53.00 Matthys Thomas (ACBR)- 1.53.28 Omev Hans (AZW)- 1.53.69

1500m

Ruell Kim (DCLA)- 3.52.89 Van Rooy Tom (ACHL)- 3.52.91 Marrion Geoffrey (4) (CABW)- 3.53.35

5000m

Fays Guy (RFCL)- 14.30.13 Bollen Frank (3) (ATLA)- 14.42.34 Weerts Jean-Pierre (4) (DAMP)- 14.43.26

3000S

Desmet Pieter (AZW)- 8.30.78 Van Koolwyk Krijn (LOOI)- 8.31.75 Busselot Dries (OEH)- 8.52.67

110Ho

Deghelt Adrien (SMAC)- 13.71 Solot Jerney (3) (SMAC)- 15.02 Seutin Yves (4) (LYRA)- 15.22

400Ho

Vanryckeghem Vincent (LYRA)- 50.25 Deveughele Piet (3) (FLAC)- 50.98 Devlieger Kirsten (4) (FLAC)- 51.86

HJ

Hubert Timothy (EA)- 211 Stroobants Stijn (LAT)- 208 Chalon Xavier (DAMP)- 208

LJ

Messiaen Gert (RCG)- 736 De Vriendt Benjamin (STAX)- 725 Buys Lukas (SGOL)- 709

TJ

Debailleul Corentin(RCB)- 1529 Cannaert Franck (AVMO)- 1452 De Decker Bjorn (WIBO)- 1450

PV

Rans Kevin (VAC)- 545 Goossens Denis (VAC)- 500 Vanhees Laurent (ACO)- 480

SP

Blondeel Wim (KAAG)- 1885 Eeckhout Filip (VS)- 1729 Guillaume Alain (BBS)- 1687

DT

Blondeel Wim (KAAG)- 5081 Coene Kris (3) (AVLO)- 5019 Eeckhout Filip (4) (VS)- 4597

JT

Goyvaerts Tom (OLSE)- 7520 Lemaître Loïc (DCLA)- 6495 Van Den Bosch Vincent (DUFF)- 5866

05/08/2007- Nijvel/Nivelles (Stade du Parc de la Dodaine) (CABW)

HT

De Wyngaert Walter (ROBA)- 6592 Pierre Nicolas (CABW)- 6509 De Coster Tim (DCLA)- 5608

2008

02/07/2008- Jambes (Centre ADEPS- Allée du Stade ,3) (SMAC)

10000m

Fays Guy (2) (RFCL)- 29.45.57 Van Den Broek Stefan (3) (LIER)-30.00.62 Van Droogenbroeck Lander (4) (DAC)- 30.10.76

05 (reeksen)- 06 (finales)/07/2008- Liège/Luik (Stade Naimette-Xhovémont) (RFCL)

100m

Wijmeersch Erik (ACW)- 10.44 Louis Jean-Marie (RFCL)-10.54 Broothaerts Damien (ESC)- 10.66

200m

Matthys Arnout (VOLH)- 21.35 Louis Jean-Marie (3) (RFCL)- 21.42 Herreman Ingmar (4) (KKS)- 21.63

400m

Ghislain Arnaud (ESC)- 46.56 Duerinck Nils (3) (VAC)- 47.04 Destatte Arnaud (4) (RCB)- 47.33

800m

Rosseeuw Matthias (FLAC)- 1.53.88 Matthys Thomas (ACBR)- 1.54.16 Omev Hans (AZW)- 1.55.11

1500m

Ruell Kim (DCLA)- 3.57.15 Marrion Geoffrey (CABW)- 3.57.55 Van Waeyenberge Mario (DUFF)- 3.57.92

5000m

Fays Guy (2) (RFCL)- 14.30.41 Brandenbourg Michael (3) (ARCH) - 14.38.20 VanDroogenbroeck Lander (4) (DAC)- 14.40.88

3000S

Wilssens Koen (VOLH)- 8.52.81 Busselot Dries (OEH)- 9.04.89 Van Ophem Jeremy (DCLA)- 9.14.65

110Ho

Deghelt Adrien (SMAC)- 13.79 Broothaerts Damien (ESC)- 13.82 Pieters Sven (DCLA)- 14.28

400Ho

Deveughele Piet (FLAC)- 51.67 De Schepper Pieter (ACME)- 52.18 Vervloet Gregory (ESC)- 52.49

HJ

Rummens Tim (2) (DCLA)- 211 Van Deursen Bart (3) (ROBA)- 208 Hubert Timothy (4) (EA)- 208

LJ

Velter Michael (RFCL)- 774 Stempnick Nicolas (DS)- 763 Nolf Cedric (AZW)- 714

TJ

Debailleul Corentin (RCB)- 1525 Cannaert Franck (AVMO)- 1448 Messiaen Gert (RCG)- 1441

PV

Rans Kevin (VAC)- 525 Goossens Denis (VAC)- 510 Gourmet Francois (RFCL)- 500

SP

Blondeel Wim (KAAG)- 1812 Eeckhout Filip (VS)- 1662 Guillaume Alain (BBS)- 1634

DT

Coene Kris (AVLO)- 5523 Blondeel Wim (KAAG)- 5281 Verbrugghe Jurgen (HAC)- 4942

JT

Goyvaerts Tom (BRAB)- 7602 Smet Thomas (OLSE)- 6921 Lemaître Loïc (DCLA)- 622

HT

Pierre Nicolas (CABW)- 6371 De Wyngaert Walter (ROBA)- 6311 Van Massenhove Timothy (HAC)- 5470

2009

29/07/2009- Machelen (Stadion J.B. Deroover- Stadionstraat) (MAC)

10000m

Van Den Broek Stefan (LIER)- 29.55.13 Bollen Frank (ATLA)- 30.27.18 Van Droogenbroeck Lander (4) (DAC)- 30.44.63

01 (reeksen)-02 (finales)/08/2009- Oordegem-Lede (Bloso Centrum-Putbosstadion) (VS)

100m

Louis Jean-Marie (RFCL)- 10.63 Herreman Ingmar (KKS)- 10.72 Verhoeven Wout (VAC)- 10.82

200m

Borlee Kevin (WS)- 20.89 Haeck Joris (STAX)- 21.12 Gillet Antoine (4) (BBS)- 21.23

400m

Van Branteghem Cedric (STAX)- 46.07 Duerinck Nils (VAC)- 46.47 Ghislain Arnaud (BAEX)- 46.87

800m

Van Hees Charles (ULA)- 1.50.42 Rosseeuw Matthias (FLAC)- 1.50.48 Van Den Broeck Jan (LAT)- 1.50.52

1500m

Van Malderen Kristof (VAC)- 3.43.46 Ruell Kim (DCLA)- 3.43.60 Marrion Geoffrey (CABW)- 3.44.22

5000m

Van Steen Maarten (DCLA)- 14.06.94 De Kerpel Wesley (3) (ROBA)- 14.13.38 Fays Guy (4) (RFCL)- 14.14.03

3000S

D'hoedt Jeroen (OEH)- 8.52.93 Wilssens Koen (VOLH)- 9.12.98 Van Ophem Jeremy (DCLA)- 9.24.29

110Ho

Deghelt Adrien (SMAC)- 13.70 Broothaerts Damien (BAEX)- 13.76 Ruffacq Quentin (DS)- 14.34

400Ho

Bultheel Michael (FLAC)- 50.69 Vanryckeghem Vincent (LYRA)- 50.76 De Schepper Pieter (ACME)- 51.52

HJ

Stroobants Stijn (SPVI)- 220 Hubert Timothy (EA)- 204 Chalon Xavier (DAMP)- 204

LJ

Stempnick Nicolas (2) (DS)- 737 De Vriendt Benjamin (3) (STAX)- 732 Nolf Cedric (4) (AZW)- 728

TJ

Debailleul Corentin (RCB)- 1539 Branle Hugues (CABW)- 1400 Cannaert Franck (AVMO)- 1398

PV

Rans Kevin (VAC)- 555 Goossens Denis (VAC)- 520 Vanhees Laurent (ACO)- 500

SP

Blondeel Wim (KAAG)- 1861 Revyn Richard (RFCL)- 1634 Eeckhout Filip (VS)- 1616

DT

Blondeel Wim (KAAG)- 5326 Bras Sem (OEH)- 4967 Nys Edwin (MAC)- 4819

JT

Smet Thomas (OLSE)- 7914 Goyvaerts Tom (BRAB)- 7836 De Smet John (HALE)- 6867

HT

Pierre Nicolas (CABW)- 6400 De Wyngaert Walter (ROBA)- 5971 De Coster Tim (DCLA)- 5860

2010

07/07/2010- Liège/Luik (Stade Naimette-Xhovemont,Bld.Philippey,2, Liège) (RFCL)

10000m

Van Den Broeck Stefan (LIER)- 29.54.47 Caelen Florent (3) (RFCL)- 30.30.26 Diaz Rodriguez Alexander (4) (BEHO)- 30.32.10

17 (reeksen)-18 (finales)/07/2010- Brussel (Koning Boudewijnstadion-Marathonlaan)

100m

Verhoeven Wout (2) (VAC)- 10.72 M'Bengue Nicolas (3) (CABW)- 10.82 Herreman Lars (4) (KKS)- 10.93

200m

Haeck Joris (2) (ACW)- 21.36 Verhoeven Wout (3) (VAC)- 21.37 Herreman Lars (4) (KKS)- 21.66

400m

Destatte Arnaud (BAEX)- 46.28 Duerinck Nils (VAC)- 46.34 Gillet Antoine (RFCL)- 46.34

800m

Van Den Broeck Jan (LAT)- 1.53.10 Rosseeuw Matthias (VS)- 1.53.11 Balhan Pierre Antoine (SPA)- 1.53.47

1500m

Van Malderen Kristof (VAC)- 3.40.76 D'hoedt Jeroen (OEH)- 3.43.09 Tytgat Lander (EA)- 3.44.41

5000m

De Kerpel Wesley (2) (ROBA)- 14.03.87 Caelen Florent (3) (RFCL)- 14.05.03 Van Steen Maarten (5) (DCLA)- 14.09.33

3000S

Busselot Dries (DCLA)- 8.58.34 Mispion Bert (3) (RCG)- 9.13.02 Willems Bjorn (4) (ZWAT)- 9.15.97

110Ho

Broothaerts Damien (BAEX)- 14.12 Vermeulen Sander (RCG)- 14.55 Van Alphen Hans (ZWAT)- 14.94

400Ho

Vanryckeghem Vincent (LYRA)- 52.06 Stroobants Jori (VITA)- 52.15 Debersaques Steven (STAX)- 52.79

HJ

Stroobants Stijn (SPVI)- 221 Van Deursen Bart (ROBA)- 215 Ghuyts Bram (OEH)- 213

LJ

Campener Corentin (USTA)- 749 Velter Michael (DAMP)- 745 Nolf Cedric (AZW)- 737

TJ

Debailleul Corentin (RCB)- 1529 Decloedt Benjamin (HAC)- 1457 Brijs Gert (VS)- 1389

PV

De Meyer Jonas (DCLA)- 520 Vanhees Laurent (ACO)- 510 Hoffelt Sebastien (ULA)- 500

SP

Blondeel Wim (KAAG)- 1844 Verbrugghe Jurgen (HAC)- 1656 Revyn Richard (RFCL)- 1654

DT

Blondeel Wim (KAAG)- 5342 Verbrugghe Jurgen (3) (HAC)- 4989 Nys Edwin (4) (MAC)- 4905

JT

Goyvaerts Tom (BRAB)- 7507 Smet Thomas (OLSE)- 7209 Herman Timothy (VS)- 6887

18/07/2010- Nijvel/Nivelles (Stade du Parc de la Dodaine) (CABW)

HT

Pierre Nicolas (CABW)- 6506 De Wyngaert Walter (ROBA)- 6383 Van Massenhove Timothy (HAC)- 5394

2011

07/05/2011- Ninove (Stedelijk Atletiekstadion-Parklaan) (VITA)

10000m

Naert Koen (EA)- 29.15.92 Garain Stijn (ACP)- 29.27.17 Lunders Mats (LYRA)- 29.29.57

23 (a)-24 (b)/07/2011- Brussel (Koning Boudewijnstadion-Marathonlaan)

100m

Verhoeven Wout (VAC)- 10.74 Louis Jean-Marie (SER)- 10.82 Da Silva Francisco (ZWAT)- 10.86

200m

Borlee Kevin (WS)- 20.80 Gillet Antoine (RESC)- 21.39 Verhoeven Wout (VAC)- 21.76

400m

Borlee Jonathan (WS)- 45.31 Duerinck Nils (3) (VAC)- 46.80 Destatte Arnaud (4) (WS)- 47.07

800m

Balhan Pierre Antoine (SPA)- 1.50.38 Pluym Bert (DAC)- 1.50.62 Coemans Nicky (ACKO)- 1.50.68

1500m

Ruell Kim (DCLA)- 3.48.07 Marrion Geoffrey (CABW)- 3.49.23 Vandegaer Wout (RCT)- 3.51.27

5000m

Lunders Mats (2) (LYRA)- 14.09.66 Naert Koen (3) (EA)- 14.12.90 Torfs Sanne (4) (DUFF)- 14.16.14

110Ho

Ruffacq Quentin (DS)- 14.17 Peeters Dries (DAC)- 14.49 Solot Jeremy (SMAC)- 14.59

400Ho

Vanryckeghem Vincent (3) (LYRA)- 51.18 Stroobants Jori (4) (VITA)- 52.07 Rummens Tim (5) (DCLA)- 52.12

3000S

Van Koolwyk Krijn (DCLA)- 8.51.74 Mispion Bert (RCG)- 9.08.78 Hustin Valere (DAMP)- 9.11.17

HJ

Hubert Timothy (VS)- 209 Vrijssen Vincent (AVT)- 207 Beeldens Alexander (VOLH)- 204

LJ

Stempnick Nicolas (DS)- 749 Campener Corentin (RESC)- 749 Nolf Cedric (AZW)- 733

TJ

De Decker Bjorn (WIBO)- 1523 Decloedt Benjamin (3) (HAC)- 1465 Stempnick Nicolas (4) (DS)- 1439

PV

Vander Plaetsen Thomas (DEIN)-525 Vanhees Laurent (ACO)- 500 Gourmet Francois (DAMP)- 490

SP

Blondeel Wim (2) (ACME)- 1781 Verbrugghe Jurgen (3) (HAC)- 1745 Revyn Richard (4) (RFCL)- 1650

DT

Milanov Philip (2) (FLAC)- 5171 Nys Edwin (3) (MAC)- 5055 Verbrugghe Jurgen (4) (HAC)- 5053

JT

Goyvaerts Tom (BRAB)- 7446 Smet Thomas (OLSE)- 7296 Herman Timothy (ACME)- 6773

24/07/2011- Nijvel/Nivelles (Stade du Parc de la Dodaine) (CABW)

HT

Pierre Nicolas (CABW)- 6588 De Wyngaert Walter (ROBA)- 5888 De Coster Tim (DCLA)- 5420

2012

04/05/2012- La Louvière (Stade de Tivoli,Bd.de Tivoli) (ACLO)

10000m

Brandenbourg Michael (RFCL)-29.26.22 Lunders Mats (LYRA)-29.27.99 Van Steen Maarten (4) (DCLA)- 29.29.78

16 (reeksen)-17 (finales)/06/2012- Brussel (Koning Boudewijnstadion-Marathonlaan)

100m

Watrin Julien (DAMP)- 10.47 Broothaerts Damien (RESC)- 10.53 Muaka Chamberry (4) (WS)- 10.88

200m

Borlee Jonathan (WS)- 20.32 Watrin Julien (DAMP)- 20.90 Herreman Lars (KKS)- 21.38

400m

Borlee Kevin (WS)- 44.63 Gillet Antoine (RESC)- 46.03 Bouckaert Jente (LIER)- 46.25

800m

Balhan Pierre Antoine (RESC)- 1.51.42 Bouckaert Joren (ABES)- 1.52.26 Cardillo Joachim (RFCL)- 1.52.54

1500m

Van Malderen Kristof (VAC)- 3.45.67 Hamdi Ali (GRIM)- 3.46.14 Marrion Geoffrey (CABW)- 3.48.52

5000m

Lunders Mats (LYRA)- 13.58.02 Weerts Jean-Pierre (DAMP)- 14.00.97 Van Steen Maarten (DCLA)- 14.16.69

110Ho

Deghelt Adrien (SMAC)- 13.64 Broothaerts Damien (3) (RESC)- 13.73 Ruffacq Quentin (4) (DS)- 14.07

400Ho

Bultheel Michael (FLAC)- 49.650 Rummens Tim (DCLA)- 50.91 Stroobants Jori (4) (VITA)- 51.76

3000S

Van Koolwyk Krijn (2) (DCLA)- 8.48.90 De Keyser Jonathan (3) (BBS)- 9.04.90 Mislplon Bert (4)(RCG) 9.06.11

HJ

Ghuys Bram (OEH)- 207 Peeters Arne (LYRA)-204 Beeldens Alexander (VOLH)- 201

LJ

Stempnick Nicolas (DS)- 765 Nolf Cedric (AZW)- 751 Broothaerts Mathias (LYRA)- 746

TJ

Kapata Leopold (CABW)- 1545 Commey Solomon (VAC)- 1488 Campener Corentin (RESC)- 1430

PV

Hoffelt Sebastien (ULA)- 510 De Meyer Jonas (DCLA)- 500 Gourmet Francois (DAMP)- 490

SP

Revyn Richard (RFCL)- 1676 Verbrugghe Jurgen (HAC)- 1614 Gettemans Ben (4) (SPVI) 1563

DT

Milanov Philip (FLAC)- 5544 Nys Edwin (DCLA)- 5235 Gettemans Ben (4) (SPVI) 4991

JT

Goyvaerts Tom (BRAB)- 7405 Herman Timothy (ACME)- 7346 Van Den Bosch Vincent (DUFF)- 6876

17/06/ 2012 Nijvel/Nivelles (Stade du Parc de la Dodaine) (CABW)

HT

Pierre Nicolas (CABW)- 6420 De Wyngaert Walter (ROBA)- 5952 De Coster Tim (DCLA)- 5832

2013

04/05/2013- Duffel (Jan Borremanskunststofpiste,Rooienberg) (DUFF)

10000m

El Hachimi Abdelhadi (RFCL)-29.00.02 Lunders Mats (LYRA)-29.03.75 Garain Stijn (ACP)- 29.08.81

20(reeksen)-21(finales)/07/2013- Brussel (Koning Boudewijnstadion-Marathonlaan)

100m

Broothaerts Damien (RESC)- 10.51 Watrin Julien (DAMP)- 10.55 Muaka Chamberry (WS)- 10.74

200m

Borlee Jonathan (WS)- 20.38 Watrin Julien (DAMP)- 20.80 De Rycke Pieter (4) (VOLH)- 21.51

400m

Borlee Kevin (WS)- 44.73 Borlee Dylan (WS)- 45.80 Oyowe Will (USBW)- 45.88

800m

Van Den Broeck Jan (LAT)- 1.49.30 Kahia Jerome (CSF)- 1.49.62 Bouckaert Joren (LYRA)- 1.51.21

1500m

Ruell Kim (RESC)- 3.54.50 Moukrime Tarik (RFCL)- 3.54.61 Kimeli Isaac (OEH)- 3.54.84

5000m

El Hachimi Abdelhadi (RFCL)- 13.59.33 Naert Koen (EA)- 14.00.50 Lunders Mats (LYRA)- 14.06.63

110Ho

Deghelt Adrien (SMAC)- 13.55 Broothaerts Damien (3) (RESC)- 13.84 De Borger Dario (4) (ROBA)- 13.87

400Ho

Rummens Tim (2) (DCLA)- 50.23 Vanhaeren Stef (3) (KAPE) 50.63 Heggen Erik (4) (ATLA)- 50.78

3000S

Van Koolwyk Krijn (LOOI)-9.05.21 Castele Mathijs (KKS)- 9.10.06 Busselot Dries (DCLA)- 9.12.22

HJ

Ghuys Bram (OEH)- 220 Peeters Arne (LYRA)- 204 Hubert Timothy (VS)- 201

LJ

Campener Corentin (RESC)- 751 Vanmulder Jeroen (DAC)- 746 Stempnick Nicolas (DS)- 744

TJ

Kapata Leopold (CABW)- 1528 Commey Solomon (VAC)- 1521 Campener Corentin (RESC)- 1447

PV

Van Der Plaetsen Thomas (DEIN)- 535 Hoffelt Sebastien (ULA)- 500 Broeders Ben (DCLA)- 490

SP

Verbrugghe Jurgen (HAC)- 1742 Wagemans Jarno (HAMM)- 1629 Pauwels Bart (ACW)- 1538

DT

Milanov Philip (FLAC)- 5886 Nys Edwin (3) (DCLA)- 5250 Bras Sem (4) (OEH)- 5024

JT

Smet Thomas (OLSE)- 7355 Herman Timothy (ACME)- 7297 Goyvaerts Tom (BRAB)- 6910

21/07/2013- Nijvel/Nivelles (Stade du Parc de la Dodaine) (CABW)

HT

Pierre Nicolas (CABW)- 6315 De Wyngaert Walter (ROBA)- 6176 De Coster Tim (DCLA)- 5801

2014

03/05/2014- Liège/Luik (Stade Naimette-Xhovémont, Bld. Philippey,2) (RFCL)

10000m

El Hachimi Abdelhadi (RFCL)- 28.57.89 Van Peborgh Nick (ACBR)- 29.18.54 De Vulder Stijn (ACG)- 29.20.91

26 (reeksen)-27 (finales)/07/2014- Brussel (Koning Boudewijnstadion- Marathonlaan)

100m

Muaka Chamberry (2) (WS)- 10.68 Broothaerts Damien(3) (RESC)- 10.72 Claes Frederik (5) (ATLA)- 10.84

200m

Matthys Arnout (2) (VOLH)- 21.23 Muaka Chamberry (3) (WS)- 21.35 Claes Frederik (4) (ATLA)- 21.37

400m

Borlee Kevin (WS)- 45.28 Borlee Jonathan (WS)- 45.61 Watrin Julien (DAMP)- 45.68

800m

Debjani Ismael (CABW)- 1.49.51 Hannes Pieter-Jan (OLSE)- 1.49.78 Baeten Stijn (BONH)- 1.49.78

1500m

Kimeli Isaac (OEH)- 3.52.34 Moukrime Tarik (RFCL)- 3.52.62 Ruell Kim (RESC)- 3.53.31

5000m

El Hachimi Abdelhadi (RFCL)-14.05.36 Lejeune Emmanuel (RESC)-14.17.02 Duvivier Antoine (RESC)- 14.19.34

110Ho

Broothaerts Damien (RESC)- 13.85 Hanjoul Denis (DCLA)- 13.95 Ruffacq Quentin (DS)- 14.03

400Ho

Bultheel Michael (FLAC)- 49.13 Vanhaeren Stef (KAPE)- 49.83 Rummens Tim (DCLA)- 50.70

3000S

Van Koolwyk Krijn (LOOI)-8.57.08 Dupont Francois (CABW)-9.04.78 Hustin Valere (DAMP)-9.16.12

HJ

Ghuys Bram (OEH)- 215 Devrieze Ruben (3) (AVKA)-207 Verdonck Emile (4) (AZW)- 207

LJ

Broothaerts Mathias (LYRA)- 807 Nolf Cedric (VAC) 781 Stempnick Nicolas (4) (DS)- 738

TJ

Commey Solomon (VAC)- 1551 Lambert Romain (DAMP)-1480 Kapata Leopold (CABW)-1475

PV

Art Arnaud (FCHA)- 535 Van Der Plaetsen Thomas (DEIN)-535 Vanhees Laurent (WACO)- 490

SP

Verbrugghe Jurgen (HAC)- 1752 Milanov Philip (VAC)- 1650 Van Alphen Hans (VAC)- 1587

DT

Milanov Philip (VAC)- 6057 Nys Edwin (DCLA)-5363 Bras Sem (OEH)- 5097

JT

Herman Timothy (ACME)- 7500 Smet Thomas (OEH)- 6935 Goyvaerts Tom (BRAB)- 6576

27/07/2014- Nivelles/Nijvel (Stade du Parc de la Dodaine) (CABW)

HT

De Coster Tim (DCLA)- 6075 Malengreaux Remi (RCG)- 5861 De Wyngaert Walter (ROBA)- 5767

2015

02/05/2015- Heusden-Zolder (Stadion De Veen,Veenderweg) (AVT)

10000m

El Hachimi Abdelhadi (RFCL) 29.03.33 Castele Steven (KKS) 29.45.39 Van Peborgh Nick (ACBR)- 29.50.75

25 (reeksen)-26 (finales)/07/2015- Brussel (Koning Boudewijnstadion-Marathonlaan)

100m

Meyer Yannick (2) (ACW) 10.63 Louis Jean-Marie (3) (CABW) 10.77 Muaka Chamberry (4) (WS)- 10.82

200m

Matthijs Arnout (VOLH) 21.05 Muaka Chamberry (WS) 21.60 Herreman Lars (KKS) 21.63

400m

Borlee Jonathan (WS) 45.27 Borlee Kevin (WS) 45.84 Borlee Dylan (WS) 45.95

800m

Vandeputte Auréle (HAC) 1.48.65 Van Den Broeck Jan (LAT) 1.48.71 Coemans Nicky (ACKO) 1.48.79

1500m

Kahia Jerome (CABW) 3.50.65 Van Praet Ruben (AVLO) 3.50.90 Debognies Simon (OEH) 3.50.93

5000m

Naert Koen (RESC) 14.16.55 Van Assche Lukas (DCLA) 14.17.57 De Vulder Stijn (ACG) 14.19.45

110Ho

De Borger Dario (2) (ROBA) 13.87 Caty Dylan (3) (RESC) 14.03 Deghelt Adrien (4) (SMAC) 14.04

400Ho

Bultheel Michael (FLAC) 49.04 Rummens Tim (3) (DCLA) 51.55 Nicodeme Romain (4) (RESC) 52.98

3000S

Castele Steven (3) (KKS) 8.55.97 Ruell Kim (4) (RESC) 8.58.11 Willems Bjorn (5) (RIEM) 9.05.82

HJ

Kalandula Fabiano (RESC) 213 Ghuys Bram (OEH) 211 Verdonck Emile (AZW) 201

LJ

Nolf Cedric (VAC) 773 Campener Corentin (RESC) 765 Stempnick Nicolas (MOHA) 746

TJ

Commey Solomon (VAC) 1529 Kapata Leopold (CABW) 1485 Marbaix Loic (MOHA) 1445

PV

Art Arnaud (FCHA) 530 Broeders Ben (DCLA) 520 Van der Plaetsen Thomas (DEIN) 500

SP

Verbrugghe Jurgen (2) (HAC) 1708 Milanov Philip (3) (VAC) 1690 Wagemans Jarno (4) (HAMM) 1572

DT

Milanov Philip (VAC) 5692 Nys Edwin (DCLA) 5261 Bras Sem (OEH) 5042

JT

Herman Timothy (ACME) 7107 Smet Thomas (OEH) 6430 Van Den Bosch Vincent (4) (DUFF) 6257

26/07/2015- Nijvel/Nivelles (Stade du Parc de la Dodaine) (CABW)

HT

De Coster Tim (DCLA) 6076 De Wyngaert Walter (ROBA) 5882 Malengreaux Remi (RCG) 5572

2016

07/05/2016- Duffel (Jan Borremanskunststofpiste,Rooienberg) (DUFF)

10000m

El Hachimi Abdelhadi (SMAC) 29.11.51 Van Peborgh Nick (ACBR) 29.54.18 Thonon Régis (WACO) 29.55.88

25 (reeksen) & 26 (finales) /06/2016- Brussel (Koning Boudewijnstadion-Marathonlaan)

100m

Vranken Andreas (ROBA) 10.63 Kapenda Raphael (SMAC) 10.71 Meyer Yannick (ACW) 10.75

200m

Matthijs Arnout (VOLH) 21.24 Kapenda Raphael (SMAC) 21.62 Iguacel Christian (AVKA) 21.75

400m

Watrin Julien (DAMP) 45.73 Vanderbemden Robin (SER) 45.98 Gillet Antoine (RESC) 46.18

800m

Botterman Aaron (KAAG) 1.50.68 Benschop Viktor (KAAG) 1.51.07 Hannes Pieter-Jan (OLSE) 1.51.18

1500m

Claus Pieter (EA) 3.53.41 Hamdi Ali (DCLA) 3.53.88 Debjani Ismael (CABW) 3.53.99

5000m

Naert Koen (RESC) 14.05.27 Van Assche Lukas (DCLA) 14.15.75 Hendrikx Jeroen (LOOI) 14.18.89

110Ho

Broothaerts Damien (RESC) 13.68 Hanjoul Denis (DCLA) 13.80 De Borger Dario (VAC) 13.86

400Ho

Heggen Erik (2) (ATLA) 51.29 Rummens Tim (3) (DCLA) 51.41 Osuwu Dylan (4) (RCG) 52.18

3000S

Van Koolwyk Krijn (2) (LOOI) 9.00.37 Casteele Steven (3) (KKS) 9.01.83 Ruell Kim (4) (RESC) 9.03.13

HJ

Ghuys Bram (OEH) 221 Kalandula Fabiano (3) (RESC) 204 Parmentier Thomas (4) (DEIN) 204

LJ

Nolf Cedric (VAC) 780 Campener Corentin (RESC) 766 Vanmulder Jeroen (DAC) 730

TJ

Kapata Leopold (CABW) 1521 Xhonneux Frederic (RESC) 1475 Thomas Nicolas (DAMP) 1469

PV

Van Lierde Jorg (DEIN) 481 Elsen Daan (RESC) 481 Timmermans Siemen (VS) 461

SP

Milanov Philip (VAC) 1669 Verbrugghe Jurgen (3) (HAC) 1631 Quintelier Matthias (4) (AVKA) 1623

DT

Milanov Philip (VAC) 6203 Nys Edwin (DCLA) 5005 Bras Sem (OEH) 4997

JT

Herman Timothy (ACME) 7210 Duchateau Jarne (OB) 6826 Parfenov Vladimir (GENK) 6284

26/06/2016- Nijvel/Nivelles (Stade du Parc de la Dodaine) (CABW)

HT

De Wyngaert Walter (ROBA) 6011 De Coster Tim (DCLA) 5907 Malengreaux Gil (4) (RCG) 5588

2017

06/05/2017- Ninove (Stedelijk Atletiekstadion-Parklaan) (VITA)

10000m

Castele Steven (KKS) 29.21.32 Van Peborgh Nick (ACBR) 29.21.39 Denays Pierre (USTA) 30.02.11

01 (reeksen) & 02 (finales) /07/2017- Brussel (Koning Boudewijnstadion- Marathonlaan)

100m

Louis Jean-Marie (SER) 10.66 Matthijs Arnout (VOLH) 10.67 Mengal Simon (USBW) 10.67

200m

Vanderbemden Robin (SER) 20.84 Hofmans Victor (OLSE) 21.30 Vleminckx Kobe (ACHL) 21.33

400m

Borlee Kevin (RCB) 45.51 Borlee Jonathan (RCB) 45.74 Borlee Dylan (RCB) 46.10

800m

Botterman Aaron (KAAG) 1.49.21 Callahan Wirtz Peter (RESC) 1.49.48 Baeten Stijn (DCLA) 1.49.75

1500m

Claus Peter (EA) 3.47.86 Debjani Ismael (CABW) 3.48.44 Van de Velde Tim (DUFF) 3.48.65

5000m

Van De Putte Cedric (HAMM) 14.33.24 Thonon Regis (WACO) 14.35.02 Adriaensen Jan (HAMM) 14.35.12

110Ho

Caty Dylan (RESC) 13.67 Hanjoul Denis (DCLA) 14.29 Maes Sander (AVT) 14.46

400Ho

Arnaud Ghislain (RESC) 50.73 Owusu Dylan (RCG) 51.57 Nicodeme Romain (4) (RESC) 51.71

3000S

Castele Mathijs (KKS) 9.02.15 Dupont Francois (CABW) 9.02.20 Deflandre Clement (HERV) 9.05.74

HJ

Ghuys Bram (OEH) 213 Carmoy Thomas (CRAC) 211 Verdonck Emile (AZW) 209

LJ

Campener Corentin (RESC) 785 Nolf Cedric (VAC) 755 Broothaerts Mathias (LYRA) 755

TJ

Kapata Leopold (CABW) 1563 Xhonneux Frederic (RESC) 1501 Pausenberger Yves (KAAG) 1466

PV

Art Arnaud (FCHA) 550 Broeders Ben (DCLA) 545 Van Der Plaetsen Thomas (DEIN) 530

SP

Milanov Philip (VAC) 1777 Wagemans Jarno (HAMM) 1605 Vlassak Max (SACN) 1570

DT

Milanov Philip (VAC) 6507 Nys Edwin (DCLA) 5263 Peetrain Filip (OEH) 5023

HT

Malengreaux Remi (RCG) 5803 Vanbroekhoven Stef (3) (VMOL) 5436 De Wyngaert Walter (4) (ROBA) 5330

JT

Duchateau Jarne (BRAB) 7142 Herman Timothy (ACME) 6724 Broeders Arne (DCLA) 6679

2018

05/05/2018- Liège/Luik (Stade Naimette-Xhovémont,Boulevard Philippet,85) (RFCL)

10000m

Van Peborgh Nick (ACBR) 29.46.87 De Vulder Stijn (ACG) 30.09.58 Deflandre Clément (HERV) 30.24.32

07 (reeksen) & 08 (finales) /07/2018- Brussel (Koning Boudewijnstadion-Marathonlaan)

100m

Vranken Andreas (DCLA) 10.49 Louis Jean-Marie (3) (SER) 10.53 Vleminckx Kobe (4) (ACHL) 10.72

200m

Borlee Jonathan (RCB) 20.78 Vleminckx Kobe (ACHL) 20.96 Matthijs Arnoud (VOLH) 21.15

400m

Borlee Kevin (RCB) 45.52 Borlee Dylan (RCB) 45.55 Vanderbemden Robin (SER) 46.09

800m

Botterman Aaron (KAAG) 1.46.89 Engels Thomas (OEH) 1.50.10 Bruyneel Arthur (ACME) 1.50.30

1500m

Claus Pieter (EA) 3.53.94 Hamdi Ali (DCLA) 3.54.32 Somers Michael (LYRA) 3.54.43

5000m

Mortier Jennen (RCG) 14.20.11 De Bock Thomas (OEH) 14.22.51 Ruell Kim (RESC) 14.23.11

110Ho

Caty Dylan (RESC) 14.11 Hanjouel Denis (DCLA) 14.18 Van Den Eynden Jordi (KAPE) 14.26

400Ho

Nicodeme Romain (RESC) 51.49 Owusu Dylan (RCG) 51.67 De Vooght Jasper (AVLO) 52.58

3000S

Deflandre Clément (HERV) 8.57.87 Castele Mathijs (KKS) 9.05.34 De Brouwer Jill (ALVA) 9.13.33

HJ

Ghuys Bram (OEH) 224 Algoet Giebe (3) (HCO) 207 Jacobs Brett (4) (ADD) 204

LJ

Campener Corentin (RESC) 766 Graillet Francois (RFCL) 756 Stas Vincent (CABW) 743

TJ

Kapata Leopold (CABW) 1573 Thomas Nicolas (DAMP) 1480 Geerts Gregory (RESC) 1468

PV

Art Arnaud (FCHA) 540 Broeders Ben (DCLA) 530 Ausloos Frederik (DCLA) 530

SP

Milanov Philip (VAC) 1729 Quintelier Matthias (AVKA) 1677 Spilliaert Stijn (HAMM) 1591

DT

Milanov Philip (VAC) 6339 Nys Edwin (DCLA) 5311 Spilliaert Stijn (HAMM) 5082

JT

Herman Timothy (ACME) 7562 Duchateau Jarne (BRAB) 6467 Boa Michael (CSF) 6467

08/07/2018- Nijvel/Nivelles (Stade du Parc de la Dodaine) (CABW)

HT

Malengreaux Remi (RCG) 6186 Vanbroekhoven Stef (VMOL) 6032 De Wyngaert Walter (4) (ROBA) 5362

2019

04/05/2019- Oudenaarde (Burgemeester Thienpontstadion-Prins Leopoldstraat) (KASVO)

10000m

Thonon Regis (WACO) 29.46.15 Castele Mathijs (KKS) 29.48.41 Castele Steven (KKS) 30.04.50

31/08 (reeksen) & 01/09/ (finales) 2019- Brussel (Koning Boudewijnstadion-Marathonlaan)

100m

Vleminckx Kobe (ACHL) 10.61 Kuba Di-Vita Gaylord (CABW) 10.62 Niesen Charles (4) (RESC) 10.73

200m

Vanderbemden Robin (2) (SER) 20.87 Borlee Jonathan (3) (RCB) 21.02 Verherstraeten Simon (4) (LYRA) 21.63

400m

Sacoer Jonathan (OEH) 45.31 Borlee Kevin (RCB) 45.61 Borlee Dylan (RCB) 45.73

800m

Crestan Elliott (SMAC) 1.48.43 Botterman Aaron (KAAG) 1.49.00 Vandeputte Aurèle (HAC) 1.49.20

1500m

Claus Pieter (EA) 3.51.29 Van de Velde Tim (DUFF) 3.51.65 Verheyden Ruben (EA) 3.51.74

5000m

Somers Michael (LYRA) 14.15.34 D'Hoore Ward (HAC) 14.15.90 Castele Steven (KKS) 14.24.05

110Ho

Obasuyi Michael (OEH) 13.57 Hanjoul Denis (3) (DCLA) 14.40 Vancauwenberghe Nolan (4) (MOHA) 14.57

400Ho

Watrin Julien (2) (DAMP) 49.92 Owusu Dylan (3) (RCG) 50.93 Bras Tuur (4) (OEH) 51.57

3000S

Castele Mathijs (KKS) 9.15.28 Vanderpoorten Marco (HAMM) 9.27.97 De Brouwer Jill (ALVA) 9.30.10

HJ

Carmoy Thomas (CRAC) 220 Ghuyts Bram (OEH) 211 Vermeiren Jef (ACHL) 211

LJ

Broothaerts Mathias (LYRA) 764 Campener Corentin (RESC) 755 Graillet Francois (4) (RFCL) 734

TJ

De Decker Bjorn (3) (WIBO) 1461 Kingunza Desire (4) (CSF) 1435 De Leenheer Matthias (5) (AVLO) 1404

PV

Broeders Ben (DCLA) 551 Art Arnaud (FCHA) 501 Secci Diego (SER) 491

SP

Quintelier Matthias (AVKA) 1731 Vlassak Max (ATLA) 1726 Spilliaert Stijn (HAMM) 1697

DT

Milanov Philip (VAC) 6033 Nys Edwin (3) (DCLA) 5299 Spilliaert Stijn (4) (HAMM) 5295

JT

Herman Timothy (ACME) 7837 Sorgeloos Cedric (ACW) 7131 Mory Niel (OEH) 6606

01/09/2018- Machelen (MAC)

HT

Malengreaux Remi (RCG) 6101 Vanbroekhoven Stef (VMOL) 6052 Gieghase Kobe (4) (VAC) 5279

2020

16/08/2020- Brussel (Koning Boudewijnstadion-Marathonlaan)

100m

Vleminckx Kobe (LYRA) 10.43 Vanderbemden Robin (SER) 10.51 Borlee Kevin (RCB) 10.62

200m

Watrin Julien (DAMP) 21.15 Paquot Jordan (SER) 21.63 Deschepper Yoran (MACW) 21.67

400m

Iguacel Christian (LYRA) 46.80 Snyders Camille (WACO) 47.26 Van Den Bergh Sven (LYRA) 47.40

800m

Crestan Eliott (SMAC) 1.49.89 Vandeputte Aurèle (HAC) 1.50.35 De Smet Tibo (RCG) 1.50.45

1500m

Debjani Ismael (CABW) 3.47.47 Vanoppen Thomas (ACHL) 3.47.91 Verheyden Ruben (EA) 3.48.82

5000m

D'Hoore Ward (HAC) 14.08.92 Bouchikhi Lahsene (RESC) 14.10.97 Castele Steven (KKS) 14.11.45

110Ho

Obasuyi Michael (OEH) 13.82 Graillet Francois (RFCL) 14.45 Dumon Ewout (KAAG) 14.67

400Ho

Bras Tuur (OEH) 50.69 Owusu Dylan (RCG) 51.37 Van Nieuwenhove Dries (EA) 51.49

3000S

Deflandre Clement (HERV) 9.08.61 Lenoir Ulysse (CSF) 9.12.91 Vanderpoorten Marco (HAMM) 9.19.06

HJ

Carmoy Thomas (CRAC) 225 Van Looy Lars (VAC) 215 Vermeiren Jef (ACHL) 209

LJ

Segers Daniel (RESC) 789 Broothaerts Mathias (LYRA) 751 Campener Corentin (RESC) 744

TJ

De Decker Bjorn (WIBO) 1467 De Leenheer Matthias (AVLO) 1420 Kingunza Desire (CSF) 1415

PV

Broeders Ben (DCLA) 560 Bodart Robin (BBS) 500 Van Nuffelen Thomas (DCLA) 490

SP

Milanov Philip (VAC) 1665 Quintelier Matthias (LYRA) 1664 Wagemans Jarno (HAMM) 1536

DT

Milanov Philip (VAC) 6016 Nys Edwin (DCLA) 4966 Spilliaert Stijn (HAMM) 4906

JT

Herman Timothy (ACME) 7753 Sorgeloos Cedric (ACW) 7341 Boa Michael (RESC) 6016

16/08/2020- Kessel-Lo (Atletiek Arena Gaston Roelants) (DCLA)

HT

Malengreaux Remi (RCG) 6319 Vanbroekhoven Stef (VMOL) 6242 Gieghase Kobe (VAC) 5919

27/09/2020- Eigenbrakel/Braine l'Alleud (Stade Gaston Reiff- Rue E.Laurent) (USBW)

10.000m

Lunders Mats (AVT) 29.29.92 Saké Nicolai (LYRA) 29.34.06 Deflandre Clement (HERV) 29.34.60