



53	Orens Steve	GSVT	54.14	1992-09-04	Barcelona	ESP	53						
54	Appermont Stany	GSVT	52.00	1992-08-08	Brugge	BEL	54	Bayekula Lea	LHF	1.05.18	2019-05-11	Breda	NED
62	Delespesse David	OEH	1.02.00	2020-08-09	Brussel	BEL	62						
63							63	Haenen Gitte	KAPE	1.24.12	2018-05-28	Nottwil	SUI
64	Nelen Björn	DEIN	1.04.42	2016-06-11	Grosseto	ITA	64						
RR2	Van Camp Yarno	PAR/Wapp	1.31.87	2019-08-31	Brussel	BEL							
	<b>400 m M (indoor)</b>							<b>400 m F (indoor)</b>					
13	Boonen Matthias	LOOI	61.06	2019-12-19	Gent	BEL	13						
20/21	Jacobs Thomas	HAC	55.81	2015-12-19	Gent	BEL	20/21	Sneyers Anke	LOOI	72.93	2019-01-06	Gent	BEL
38	Boonen Matthias	LOOI	61.06	2019-12-19	Gent	BEL	38						
	<b>800 m M (outdoor)</b>							<b>800 m F (outdoor)</b>					
11	Lumia G.		2.14.58	1995-05-20	Hasselt	BEL	11						
12	Brepoels Peter	VGO3	2.05.70	1991-08-25	Gent	BEL	12						
13	De Ryck Patrick	VIGE Dend	1.58.69	1986-08-08	Göteborg	SWE	13						
20/21	Van Kauter Jaad	DEIN	2.06.87	2017-05-26	Deinze	BEL	20/21	Kerkhofs Petra	ROBA	2.44.65	2018-06-01	Boischot	BEL
32	Driessen Paul	Wapper	7.01.60	1986-07-12	Merksem	BEL	32						
34	Cosyn Peter	KAAG	3.09.16	2019-08-22	Oordegem	BEL	34	Lefevre Joyce	Wapper	2.14.47	2019-06-02	Nottwil	SUI
36	Janssens Franky	Wapper	3.26.20	1982-06-05	Brussel	BEL	36						
37	Govaerts Benny	Wapper	2.15.80	1988-10-19	Seoul	KOR	37						
38	Deprest Pieter	Gidos	2.13.67	1987-09-18	Deinze	BEL	38	Nauwelaers Annelies	WIBO	3.21.60	2015-06-28	Deinze	BEL
43							43						
44							44						
45	Kempinaire Gabriel	RFCL	2.01.40	2003-08-07	Naimette	BEL	45						
47	Mazi Rémi	ASCTR	2.03.49	2012-04-20	Edegem	BEL	47						
51	Genyn Peter	Wapper	3.04.06	2014-06-21	Lier	BEL	51						
52	Decraene Luc		3.25.40	1992-07-25	Hull	GBR	52	Vervoort Marieke	LYRA	2.06.76	2015-05-30	Oordegem	BEL
53	Orens Steve	GSVT	1.41.71	1996-08-18	Atlanta	USA	53						
54	Van Winckel Paul	DOSK	1.41.30	1992-09-06	Barcelona	ESP	54						
62	Delespesse David	OEH	3.11.80	2016-10-09	Naimette	BEL	62						
64	Nelen Björn	DEIN	2.33.26	2016-08-06	Huizingen	BEL							
	<b>800 m M (indoor)</b>							<b>800 m F (indoor)</b>					
13	Boonen Matthias	LOOI	2.14.57	2018-12-09	Gent	BEL	13						
20/21	Vancauter Jaad	DEIN	2.09.60	2019-12-08	Gent	BEL	20/21	Kerkhofs Petra	ROBA	2.49.88	2019-12-08	Gent	BEL
36	De Becker Daan	LYRA	4.04.82	2019-12-08	Gent	BEL							
37	Brockhoven Ruben	LOOI	2.50.30	2018-12-09	Gent	BEL	37	Van Kerm Selma	ROCA	3.24.50	2020-01-05	Namur	BEL
38	Boonen Matthias	LOOI	2.14.57	2018-12-09	Gent	BEL							
	<b>1000 m M</b>							<b>1000 m F</b>					
20/21	Van Kauter Jaad	DEIN	2.50.38	2017-08-26	Deinze	BEL	20/21	Kerkhofs Petra	ROBA	3.50.22	2017-06-02	Boischot	BEL
	<b>1000 m M (indoor)</b>							<b>1000 m F (indoor)</b>					
20/21	Kennis Kevin	AA	2.58.16	2018-12-29	Gent	BEL	20/21						
	<b>1500 m M</b>							<b>1500 m F</b>					
11	Lumia G.		4.39.80	1995-06-05	Bosvoorde	BEL	11						
12	Ceulemans Luc	VG08	4.19.54	1991-08-25	Gent	BEL	12						
13	De Ryck Patrick		4.12.36	1985-09-11	Rome	ITA	13						
20/21	Van Kauter Jaad	DEIN	4.12.77	2019-08-24	Essenbeek	BEL	20/21	Kerkhofs Petra	ROBA	6.03.91	2018-07-07	Brussel	BEL
34	Danneels Danny	MIVA	5.43.50	1989-05-13	Gent	BEL	34						
35	De Loght Kevin	AA	6.17.47	2018-08-08	Herentals	BEL	35						
36	De Becker Daan	LYRA	8.06.32	2019-05-11	Duffel	BEL	36						
37	Govaerts Benny	Wapper	4.31.10	1990-07-21	Assen	NED	37						
38	Meunier Bastie	ASCTR	4.49.80	2013-04-20	Saint-Mard	BEL	38	Nauwelaers Annelies	WIBO	6.54.98	2016-05-22	Duffel	BEL
44							44						
45	Kempinaire Gabriel	RFCL	4.24.42	2003-08-03	Seraing	BEL	45						
47	Mazi Rémi	ASCTR	4.18.52	2012-06-02	Oordegem	BEL	47						
52	Decraene Luc		6.39.01	1991-09-21	Brussel	BEL	52						
53	Orens Steve	GSVT	3.10.70	1995-06-24	Toronto	CAN	53						
54	Cosyn Peter	Wapper	7.13.85	2018-06-09	Nijmegen	NED	54						
64	Denis Pierre	RFCL	5.25.44	2005-05-29	Liège	BEL	64						
	<b>1500 m M (indoor)</b>							<b>1500 m F (indoor)</b>					
20/21	Van Kauter Jaad	DEIN	4.25.90	2018-01-06	Gent	BEL	20/21						
	<b>Mile</b>							<b>Mile</b>					
13	Boonen Matthias	LOOI	4.58.19	2018-08-01	Tessenderlo	BEL	13						
20/21	Kennis Kevin	AA	5.10.96	2018-07-28	Zwijndrecht	BEL	20/21						
	<b>2000 m M</b>							<b>2000 m F</b>					
20/21	Van Kauter Jaad	DEIN	6.15.72	2017-09-17	Tielt	BEL	20/21						
	<b>3000 m M</b>							<b>3000 m F</b>					
13	Boonen Matthias	LOOI	9.56.39	2018-08-04	Kessel-lo	BEL	13						
20/21	Kennis Kevin	OLSE	9.19.06	2017-08-13	Duffel	BEL	20/21						
37	Van Havere Boudewijn	ACW	19.31.85	2019-05-01	Machelen	BEL	37						
64	Denis Pierre	RFCL	12.09.59	2005-03-06	Leverkusen	GER	64						
	<b>5000 m M</b>							<b>5000 m F</b>					
11	Gossetin Jan	VIGE Noor	16.54.80	1994-08-14	Bosvoorde	BEL	11						
12	Ceulemans Luc	VG08	16.03.40	1991-07-10	Hasselt	BEL	12						
13	De Ryck Patrick		16.41.00	1986-08-09	Göteborg	SWE	13						
20/21	Kevin Kennis	OLSE	15.52.91	2017-05-14	Sint-Niklaas	BEL	20/21	Kerkhofs Petra	ROBA	22.40.16	2018-08-05	Lier	BEL
35	De Loght Kevin	AA	23.42.00	2018-08-18	Lier	BEL	35						
36	Buijsen Koen	AA	30.19.53	2018-08-18	Lier	BEL	36						
37	Govaerts Benny	Wapper	16.49.70	1993-08-25	Mol	BEL	37						
38							38	Nauwelaers Annelies	WIBO	26.43.37	2016-05-04	Tessenderlo	BEL
54	Appermont Stany	GSVT	10.59.37	1992-09-05	Barcelona	ESP	46						
	<b>10000 m M</b>							<b>10000 m F</b>					
11	Gossetin Jan	VG08	35.34.52	1996-05-11	Hasselt	BEL	11						
12	Ceulemans Luc	VG08	34.39.31	1994-07-26	Berlin	GER	12						
13	Boonen Matthias	LOOI	35.28.19	2018-09-07	Vilvoorde	BEL	13						
20/21	Kevin Kennis	OLSE	32.40.68	2017-07-08	Essen	BEL	20/21						
37	Govaerts Benny	Wapper	38.12.94	2005-07-10	New London	USA	37						
55	Orens Steve	GSVT	22.01.10	1995-05-14	Brugge	BEL	55						
	<b>Halve marathon M</b>							<b>Halve marathon F</b>					
13	Boonen Matthias	LOOI	1.21.40	2019-10-04	Kuurne	BEL							
20/21	Kennis Kevin	AA	1.13.47	2016-06-26	Roosendaal	NED							
35	De Loght Kevin	AA	1.56.49	2018-10-27	Etten-Leur	NED							
54	Van Cauwenberghes Ives	KAAG	1.21.06	2019-10-20	Brugge	BEL							
	<b>Marathon M</b>							<b>Marathon F</b>					
11	Gossetin Jan	VG08	2.51.59	1994-07-10	Kortrijk-Brugge	BEL	11						
12	Peeters Ferdinand	VG19	3.35.35	1993-09-26	Beernem	BEL	12						
20/21	Kevin Kennis	OLSE	2.37.23	2017-03-26	Lier	Belgium	20/21						
46	Van Den Heede Frederic	Somival	2.31.38	2012-09-09	Londen	GBR	46						
54	Van Cauwenberghes Ives	KAAG	2.44.41	2019-10-20	Brugge	BEL	54						
64	Denis Pierre	HUY	4.34.54	2017-11-19	Valencia	ESP	64						
	<b>4x100m</b>							<b>4x100m</b>					
20/21		HAC	50.32	2015-09-20	Rieme	BEL	20/21		HAC	62.06	2017-09-20	Lier	BEL
40-47	Vromant (42)-Mazi(47)-Nelen (44)-Delespesse(43)	BEL	61.66	2016-09-18	Mouscron	BEL	42						
	<b>4x200m</b>							<b>4x200m</b>					
20/21		HAC	1.53.74	2017-09-20	Lier	BEL	20/21						
	<b>4x200m indoor</b>							<b>4x200m indoor</b>					
20/21	Hecquet-Tanoë-Burnay-Delcourt	ACBB	1.51.61	2019-12-08	Gent	BEL	20/21		HAC	2.15.80	2018-12-09	Gent	BEL
	<b>4x400m</b>							<b>4x400m</b>					
20/21		HAC	4.09.83	2018-09-16	Andenne	BEL	20/21		HAC	5.14.64	2019-09-08	Merksem	BEL