

Belgisch Kampioenschap
10.000m AC en Masters en 3000m steeple vrouwen
Braine-l'Alleud, zondag 27 september 2020
RESULTATEN

3000m steeple vrouwen

1	1679	DALEMANS ELINE	1991	AVLO	10.05.02	BK 1
2	1125	GALLEIN SOFIE	1992	AVR	11.09.55	BK 2
3	1109	VAN HOOREBEKE JOLIEN	1994	RIEM	11.25.39	BK 3
4	1421	MEYLAERS ANTSE	1999	AVT	11.49.90	

10.000m M35-M40-M45

1	5225	DIAZ Y RODRIGUEZ, ALEXANDER	M40	1979	DEIN	31.37.11	BK 1 M40
2	7590	CLAIS, FRANCOIS	M35	1985	WS	31.43.04	BK 1 M35
3	5152	NAETS, SVEN	M35	1983	ACHL	32.01.91	BK 2 M35
4	3949	VANHONACKER, FILIEP	M35	1982	AZW	32.04.52	BK 3 M35
5	7589	CASTERMANS, MICHEL	M35	1985	HERV	32.27.91	
6	6473	IACHINI, NICOLAS	M35	1984	UAC	32.29.27	
7	4999	VERSCHOREN, BART	M40	1977	DAC	32.36.20	BK 2 M40
8	5419	PENNINCKX, KOEN	M40	1979	GRIM	32.38.91	BK 3 M40
9	6063	PELICAEN, JOACHIM	M35	1985	EA	32.40.40	
10	5938	MENSAERT, BERT	M35	1984	RCT	32.48.92	
11	7565	ARGENTO, ANAEL	M35	1985	SER	33.09.02	
12	5754	VERMEIREN, DIRK	M45	1971	ACBR	33.16.48	BK 1 M45
13	6741	BOURDJI, SABRI	M35	1982	OSGA	33.22.41	
14	7459	RAEMACKERS, CEDRIC	M35	1985	FCHA	33.27.64	
15	4024	VAN ONGEVAL, TOM	M45	1972	DCLA	33.30.20	BK 2 M45
16	4453	POORTMANS, JOACHIM	M40	1976	DUFF	34.01.63	
17	4517	VANAUTGAERDEN, MAARTEN	M40	1976	ACP	34.11.74	
18	4764	VERHEYEN, KURT	M45	1974	ATAC	34.15.55	BK 3 M45
19	7566	BAILLON, XAVIER	M35	1985	FLEU	34.20.44	
20	7135	DEMAERSCHALK, JEROME	M35	1980	SMAC	34.35.03	
21	4138	MAENE, BART	M35	1982	OB	34.35.98	
22	6862	ROCKS, DIDIER	M35	1982	SER	34.36.59	
23	5500	WOUTERS, CHRIS	M45	1971	ROBA	34.37.95	
24	4392	D'HONDT, GUNTER	M40	1979	RAT	34.56.08	
25	5648	BEDDELEEM, KEVIN	M35	1982	ACKO	35.47.97	
26	4843	BAUT, DANNY	M45	1971	DAC	36.50.50	
27	4004	VERLINDEN, JURGEN	M40	1975	ZA	39.40.23	
28	6645	VAN DER AUWERMEULEN, JEAN-PHILIPPE	M40	1978	CSF	DNF	
29	6791	PONCELET, XAVIER	M45	1975	UAC	DNF	
	4078	VAN LIERDE, PHILIP	M40	1977	OPW	DNF	
	5495	PARIDAENS, STEFAAN	M40	1979	ACG	DNF	

10.000m Vrouwen AC

1	1733	VERBRUGGEN, HANNE	SEN	1993	VITA	34.29.98	BK 1 AC
2	2102	DE COCK, FLORENCE	SEN	1992	WACO	34.31.56	BK 2 AC
3	3246	GORISSEN, MIEKE	W35	1982	ADD	34.32.58	BK 3 AC / BK 1 W35
4	1602	VANDEBUSSCHE, HANNA	SEN	1987	AVR	35.16.47	
5	2203	SAUSSEZ, AMELIE	SEN	1988	ACLO	35.56.69	
6	2292	CHYLINSKI, MARTA ALEXANDRA	SEN	1986	RESC	36.35.14	
7	3742	VANDE RIVIERE, ANNELEEN	W35	1985	DEIN	37.11.92	BK 2 W35
8	1502	VANDEMOORTELE, JOLIEN	SEN	1996	ROBA	37.25.91	

9	1865	DEKETELAERE, ANNELIES	SEN	1986	HAC	37.30.69	
10	2281	CERCKEL, MARIE	SEN	1998	USBW	37.37.18	
11	1569	DENYS, YEWBDAR	SEN	1995	DCLA	37.40.17	
12	633	VANCOLEN, ELISA	JUN F	2001	CSDY	38.27.19	
13	3999	HOST, SANDRINE	W45	1975	RFCL	38.30.11	BK 1 W45
14	3393	TAS, KATELIJNE	W35	1984	VAC	38.37.37	BK 3 W35
15	3998	DETREZ, MARTINE	W50	1970	RFCL	38.38.66	BK 1 W50
16	2739	VAN MALDEGHEM, KRISTEL	W40	1976	ACHL	38.39.04	BK 1 W40
17	3165	VAN MAELE, HEIDI	W40	1978	VAC	38.40.39	BK 2 W40
18	3609	GEEROMS, KRISTEL	W35	1983	ACP	38.45.23	
19	3327	D'HAEN, STEFANIE	W40	1979	ROBA	39.04.34	BK 3 W40
20	3074	VAN HERCK, KAREN	W50	1970	WIBO	39.12.64	BK 2 W50
21	2362	LEBON, MAZARINE	SEN	1999	MOHA	39.20.11	
22	1459	VAN CASTEREN, LISE	SEN	1992	ROBA	39.34.68	
23	2943	DEJAEGHERE, SABINE	W50	1966	AVR	39.47.45	BK 3 W50
24	3203	MOX, KRISTIEN	W40	1978	DAC	39.53.06	
25	2173	THIRY, OPHELIE	SEN	1997	BBS	40.18.61	
26	3520	VAN HOOYDONCK, ELS	W50	1967	ESAK	41.04.12	
27	3347	PEETERS, KAREN	W50	1968	BONH	41.08.93	
28	3641	WILLEKENS, MARIJKE	W55	1963	DCLA	42.08.55	BK 1 W55
29	4099	CAWET, DAPHNE	W40	1980	CSF	42.54.32	
30	3131	VANGOIDSENHOVEN, DIZIANA	W45	1974	ROBA	42.55.04	BK 2 W45
31	3505	OTIENO, BERYL	W45	1974	OB	42.57.46	BK 3 W45
32	2752	PARMENTIER, ANN	W40	1979	AZW	43.30.71	
33	1600	PERSOONS, KATRIEN	SEN	1986	VITA	43.33.43	
34	4185	DEEGAN, JULIE	W55	1964	WS	43.34.17	BK 2 W55
35	2902	DE ROOSE, CHRISTINE	W55	1963	RIEM	43.34.97	BK 3 W55
36	4495	ARCHEN, NATHALIE	SEN	1985	USBW	44.53.84	
37	3106	VAN LIERDE, LISBETH	W45	1973	ACG	47.54.94	
38	2939	VEKEMAN, BERNADETTE	W65	1953	ZA	52.09.75	BK 1 W65
39	3071	BUYLE, MARIE-JEANNE	W65	1952	VS	56.38.78	BK 2 W65
	3144	VANHOVE, INGE	W45	1974	ALVA	DNF	
	1076	WAERZEGGERS, BRIDEY	SEN	1998	ACKO	DNF	

10.000m Mannen AC

1	2653	LUNDERS, MATS	SEN	1991	AVT	29.29.92	BK 1
2	2590	SAKE, NICOLAI	SEN	1996	LYRA	29.34.06	BK 2
3	2873	DEFLANDRE, CLEMENT	SEN	1997	HERV	29.34.60	BK 3
4	2828	PONCELET, VALENTIN	SEN	1991	USBW	29.35.85	
5	2892	NOEL, ENZO	SEN	1995	WACO	29.57.32	
6	1373	MICHIELS, YANNICK	SEN	1991	VMOL	30.01.22	
7	2794	DOISON, GREGOIRE	SEN	1995	DS	30.05.66	
8	2910	MONFILS, THOMAS	SEN	1992	CRAC	30.09.56	
9	2740	FINTOLINI, DORIAN	SEN	1993	ATC	30.27.33	
10	1243	VERSTEELE, JONAS	SEN	1990	AZW	30.48.17	
11	3326	DEGEY, BRICE	SEN	2000	RFCL	30.49.89	
12	3207	COLLARD, ARNAUD	SEN	2000	HERV	30.58.71	
13	2240	TORBEYNS, JEF	SEN	1995	DAC	30.59.79	
14	2587	SCHEERLINCK, ROB	SEN	1998	VAC	31.12.40	
15	3509	STROLLO, SERGIO	SEN	1988	RIWA	31.12.50	
16	1453	RASSCHAERT, BJARNE	SEN	2000	RCG	31.18.89	
17	2242	D'HOORE, SIMON	SEN	1994	AVMO	31.22.33	
18	2886	PTAK, FLORENT	SEN	1998	HERV	32.24.15	
19	1219	SEVENOIS, NATHAN	SEN	1996	STAX	32.27.06	

20	2746	STRAET, PAOLO	SEN	1998	HERV	32.55.18	
21	2370	RONDOU, NIELS	SEN	1986	ACKO	33.13.97	
22	2771	MAROYE, NICOLAS	SEN	1996	CABW	33.24.21	
23	1252	KENNIS, KEVIN - 21	SEN	1991	AA	35.32.52	
	2978	MOUKRIME, TARIK	SEN	1992	SER	DNF	
	3205	VALET, MAXIME	SEN	1989	RESC	DNF	
	1729	KINGET, LOEWIS	SEN	1997	OB	DNF	
	2891	NOEL, ADRIEN	SEN	1995	WACO	DNF	
	3648	DEVANNE, JULIEN	SEN	1989	USBW	DNF	
	1866	SCHAUWAERS, KEVIN	SEN	1986	ACHL	DNF	
	2051	GODERIS, NIELS	SEN	1993	ESAK	DNF	
	1561	BIERINCKX, LAURENT	SEN	1995	ACHL	DNF	

10.000m M50+

1	4450	RENS, STEFAN	M50	1968	ACHL	34.17.06	BK 1 M50
2	7069	NOEL, DOMINIQUE	M50	1968	WS	34.18.09	BK 2 M50
3	6743	EL OUASSI, REDOUANE	M50	1967	OSGA	34.18.37	BK 1 M50
4	5378	VAN PUYVELDE, EDDY	M50	1967	AVLO	35.01.28	
5	5149	CAMS, WIM	M50	1966	ACHL	36.12.82	
6	6937	HADJ, PAUL	M50	1967	MOHA	36.15.49	
7	4423	DE BONDT, WALTER	M50	1968	AVKA	36.18.21	
8	5216	BLANCKE, WILLIAM	M55	1962	ROBA	36.18.59	BK 1 M55
9	5604	VIERENDEELS, EDDY	M65	1952	ACP	36.27.63	BK 1 M65
10	4248	WALRAEDT, GILBERT	M60	1959	AVR	36.29.11	BK 1 M60
11	7259	IHADTEN, REDWAN	M50	1968	RCAS	36.33.30	
12	7383	GETACHEW, GIRMA	M50	1970	CSF	36.45.27	
13	5303	MECHELINCK, MARC	M60	1959	RIEM	37.09.69	BK 2 M60
14	4049	SEMPELS, MARC	M60	1960	ACHL	37.12.24	BK 3 M60
15	4261	DELLAERT, LUC	M55	1961	RIEM	37.17.80	BK 2 M55
16	4631	RASKIN, LODE	M50	1969	ADD	38.04.47	
17	4523	LANNOO, DIRK	M55	1963	AVMO	38.14.60	BK 3 M55
18	4906	DERAM, STEVEN	M65	1955	AVR	38.24.88	BK 2 M65
19	4892	STEENPUT, JORIS	M55	1962	DCLA	38.26.65	
20	4320	LEERS, MARNIX	M50	1966	ACME	38.27.78	
21	4300	SWALENS, DIRK	M55	1963	AVT	38.35.66	
22	4670	DE VOCHT, PETER	M60	1960	ROBA	39.36.36	
23	4779	VERBEEK, PAUL	M65	1954	BERT	40.08.05	BK 3 M65
24	6529	MICHIELS, STANY	M55	1965	ROCA	41.22.59	
25	5445	CLAUS, ERIC	M55	1961	RIEM	42.00.72	
26	5932	EYLENBOSCH, JEAN	M70	1949	ACP	49.05.49	BK 1 M70
	5016	VANBUGGENHOUT, LUC	M60	1958	LEBB	DNF	